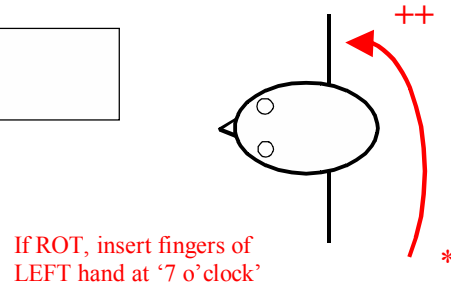


THE 'ENTER' MANOEUVRES FOR SHOULDER DYSTOCIA CLARIFIED (using 'LOT' position as an example)

Kim Hinshaw – further revised May 2003

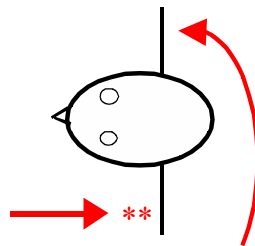
(REMEMBER: Rubin I = “Suprapubic pressure”)

Rubin II



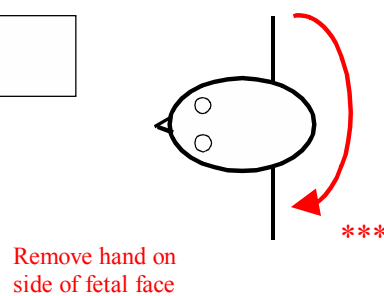
- If LOT, insert index & middle fingers of right hand through introitus at '5 o'clock'*
- Swing fingers up & apply pressure with fingertips from **behind** the anterior shoulder ++
- If shoulders move into the oblique diameter – attempt delivery

Rubin II + Wood Screw



- If no rotation occurs, continue Rubin II and **add** “Wood Screw”
- Use fingers of the opposite hand to apply pressure to the **front** of the posterior shoulder**
- This can help rotation in the **same direction** as Rubin II
- If shoulders now move into the oblique – attempt delivery
- If unsuccessful try to rotate through 180 degrees to deliver

Reverse Wood Screw



- If rotation in that direction cannot be achieved **change** to “Reverse Wood Screw”
- Slide fingers down to the **back** of the posterior shoulder***
- Apply pressure to rotate in the opposite direction
- Attempt delivery if shoulders move into the oblique
- If unsuccessful, continue rotation through 180 degrees to deliver

ALL ATTEMPTS AT ROTATION SHOULD BE COMPLETED WITHIN 1-2 MINUTES

IF UNSUCCESSFUL - MOVE ON TO OTHER MANOEUVRES